

Next General Meetings

May

Date Fri 17 May
Time: 10.00 am – 12.00 noon
Venue: Wesley Church Hall,
 100 13th Avenue
Entry Fee: **\$5.00**

Guest Speaker: Matt Ford

Dominion Salt, Mt Maunganui.

During 1973 – 1974, Dominion Salt commissioned a vacuum refinery at Mount Maunganui, with a view to supplying high purity, fine salt for food products and Matt will be speaking about the history and processes involved in the NZ salt industry.



June

Date Fri 21 June
Time: 10.00 am – 12.00 noon
Venue: Wesley Church Hall,
 100 13th Avenue
Entry Fee: **\$5.00**

Guest Speaker: David Love

Bay of Plenty Regional Council.



David has been a Councillor for nearly six years and he is the Deputy Chairman of both Civil Defence for the whole of the Bay and the Audit and Risk Committee. David's talk will explain the functions of the Regional Council, which is responsible for all aspects of the environment including air quality, water quality, flood control, major roading etc.

General Meetings are held on the 3rd Friday of every month **except for**
December and January

In this issue ...

General Meetings	1
Quiz Corner	2
President's Message	3
Facts & Figures	3
March Meetings	4-5
Meet & Greet Team	5
Group Coordinators'	6-7
Members Profile	7
Wonders of the Web	8-9
Use it or Lose It	10
Hidden Gems of NZ	11-12
Fun Stuff	12
Group Activities	13-15
It's a Funny Old World	16-17
Emergency Evacuation List	18
Quiz Answers	19
2019 Committee Contacts	20
Next Newsletter	20

Quiz Corner

Test your general knowledge with these questions. Answers on page 19

1. Which area of Tauranga is named after a chemical element?
2. Compared with Australia, Greenland is: a) Bigger; b) About the same size; c) Smaller
3. What does the word "equinox" mean literally?
4. On what garden feature would you expect to find a gnomon?
5. In humans, how is the ulnar nerve more popularly known?
6. What are Dobsonian, Nasmyth and Cassegrain?
a) Galactic clusters; b) Telescopes; c) Brewing processes
7. The playwright Tennessee Williams was so named because he was born in Tennessee: True or False?
8. Which 19th-century art movement was founded by Dante Gabriel Rossetti, William Holman Hunt and John Everett Millais?
9. After which creature were the Canary Islands named?
10. How long is Ninety Mile Beach?

Newsletter Team:

Jan Holden - Editor and Layout Design

Jon Stone - Assistant Layout Design

Paul Chapman - Quiz and Feature Articles

Kit Divehall - Interviews and Proofreading

Cliff Freer - Meeting Photographs

President's Message



Dear Members

I hope you have all had a happy and peaceful Easter with family and friends and chocolate!!

We have been advised that the earthquake strengthening and refurbishment of the Wesley Church Hall is now complete. Therefore, we will be moving back into the hall for our monthly General Meetings, commencing with the May meeting.

Plans for the next General Meeting in the Mount, Papamoa area are well underway. The meeting will take place on Wednesday, 29th May at the Sports and Recreation Centre, Gordon Spratt Reserve, 80 Alice Way, Parton Road, Papamoa. This venue has been chosen to encourage not only people from the Mount, Arataki and Papamoa areas but also people in Papamoa Beach and Te Puke. It is of course open to all members and the public.

U3A Tauranga has also a big event next year when we will have our 25 years Anniversary.

Of course, we couldn't organise the General Meetings or other events without the help of our many volunteers which made me think about the definition of the word 'volunteer'. Of course, I consulted Mr Google and the Oxford English dictionary.

A volunteer is a person who freely offers to take part in an enterprise or undertake a task, who offers to do work for no compensation. People tend to volunteer for organisations that have some personal meaning to them that gives them fulfillment. Isn't that what U3A is all about?

We always need more selfless volunteers and if you would like to be part of the U3A team you would be more than welcome. Please contact me if you would like more information or just an informal chat about the volunteer roles.

"We make a living by what we get, but we make a life by what we give."

- *Winston Churchill*

Jean Garmonsway

President

Facts and Figures to Date

Financial members as at 8 February 2019	822
Life members	10
TOTAL	832
Subscriptions owing	88
Number of Groups:	96

March General Meetings



At the March General Meeting the President, Jean Garmonsway, presented Viv Mills with a beautiful orchid as a gesture of appreciation for all the years of dedicated work Viv has given to U3A Tau-ranga.

Viv was made a Life Member in 2018 and her many years of service include being a Convener, a Group Coordinator, the President and Immediate Past President. We wish Viv well in her “retirement” from the Executive.

Elizabeth White gave the mini talk and she spoke about the Poetry for Readers and Writers group.



Bryce Hamer was the main speaker for the meeting. Bryce is a Director of the Bay Physiotherapy Centre at the Mount. Bryce spoke about exercising in relation to injuries.

There's no getting around this: If you take a few months (or years!) off from exercise, you will huff and puff and feel achy as your body gets back into the swing of things. But if you establish a history of fitness, your pain will be a lot more manageable.

Bryce spoke about the function of the core muscles of the body. What are core muscles? The deepest of the core muscles are referred to as “the inner core.” When physiotherapists help clients train and strengthen their inner core muscles, they focus on the following muscles: the breathing diaphragm; the transversus abdominis; the deep multifidi; and the pelvic floor muscles.

Think of your core as a strong column that links the upper body and lower body together. This is a deep back muscle that runs along the spine. It works together with the transversus abdominis to increase spine stability and protect against back injury or strain during movement or normal posture.



Strong core muscles make it easier to do most physical activities. A strong core prevents lower-back pain improves strength in the hips, thighs, glutes and back. It not only prevents back pain, it can also relieve the aches. A strong core also gives your spinal column greater support and stability.

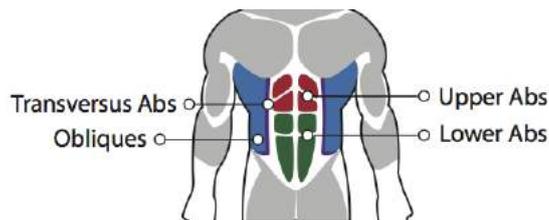
Continued Over:-

March General Meetings Cont...

Weak core muscles can leave you susceptible to poor posture, lower back pain and muscle injuries.

Signs that your core is weak are:

- If a bulge forms on your stomach as you attempt core or abdominal exercises you have weakness in your Transversus Abdominis muscle.
- Slumped Posture. Your stomach and low back muscles work together to hold your spine upright.
- Poor Balance.
- Back Pain.



What can we do to improve our fitness? This is an individual choice, but we should all be guided by the experts whether that's your doctor or your physio. Whatever you decide to do Bryce's advice is always to build up your exercises slowly, that way avoiding injuries in the first place!!

Meet and Greet Team



March General Meeting - Writing and Words



Group Coordinators' Report

Details of New Groups

Three new groups have started at Papamoa/Mount

- **History 3:** Studying the history of the USA and Commonwealth. For more information, contact the **Convener: Shirley Arabin, phone 574 4965.**
- **Garden Ramblers 3:** This group is full, but if you would like to go on a waiting list, contact the **Convener: Pamela Stewart, phone 570 1025.**
- **Café Booklovers 2:** The initial meeting was held on 15 April. For more information on this group, please contact the **Convener: Marianne Lammers, phone 021 804403.**

Yoga Group at Mount/Papamoa To be a viable option, a minimum of 10-15 members would be required (based on numbers in Yoga 1 and 2), so it does not appear likely that such a group will be formed in the near future.

Te Reo Although there are six people on a waiting list for this group, the people who have indicated an interest are spread from Otumoetai to Papamoa. Some have indicated that they are not prepared to travel to Papamoa. Unless there is sufficient interest from people on both sides of the city so that two groups could be formed, this group is not likely to proceed.



Suggested New Groups in Papamoa/Mount

A few people have expressed an interest in belonging to a group for Mini Hikes and also Philosophy. Please contact: **Anne Briggs, phone 975 1888** if you would like your name added to a waiting list for either of these groups.

Groups Seeking New Members

Art Practical, Five Hundred (card game), Garden Ramblers 1, Geography, Geology, History A and C, Horticulture & Gardening, Rialto Film Group 3, Yoga 1. Please contact the conveners of these groups if you are interested in joining. You can find the conveners' contact details in your handbook. You may visit a group three times before you make a commitment to join.

Continued Over...

Group Coordinators' Report Cont...

Groups which are full

Ancient History, Current Events C, E & F, Ipad1, Ethnic Dining 4, Genealogy 2, Garden Ramblers 2 and 3, History of New Zealand – the last 1000 years, Science 2. Please contact the co-ordinator for any of these groups if you wish to go on a waiting list.

Lone Rangers 2 now has a new **Convener: Jan Bradley, phone 027 271 4272.**

Recent New Members Meeting and Conveners' Meeting

Both these meetings were well attended. Those attending the new members' meeting have been slotted into new groups. The conveners' meeting was held in the refurbished hall at the Wesley Methodist Centre and was the first U3A meeting to be held there. Those attending were impressed with the refurbishment. No issues of moment were raised by the conveners although Elizabeth Reeves, in her capacity of treasurer, mentioned that a good number of last year's members had not as at the end of March renewed their membership.

Next New Members' Meeting will be held on 19 June at 2 pm in the Wesley Church lounge.

New Members Profile



Jon Stone is a new addition to the Newsletter Team. He and his wife, Helen, have recently become members of U3A Tauranga. Originally from Leeds in the UK, they retired and settled in NZ 18 years ago. Just prior to their move to NZ, they spent 5 months on an overseas trip to various countries and fell in love with NZ.

Upon returning to the UK they applied for permanent residence in NZ and then settled here.

They travel back to the UK each year and have three children based in NZ and UK. Jon's career had been in building and related building services and prior to moving to NZ Jon was serving as a magistrate. Helen was a neo natal nurse.

Both enjoy being "hands on" with extensive renovations of their current and past homes. Jon enjoys badminton and in recent years has developed an interest in learning classical, flamenco and jazz guitar.

Both have been extensively involved with several charities, including Jon as Treasurer for "Riding for The Disabled", during the four-year project to build the new Riding for Disabled Arena.

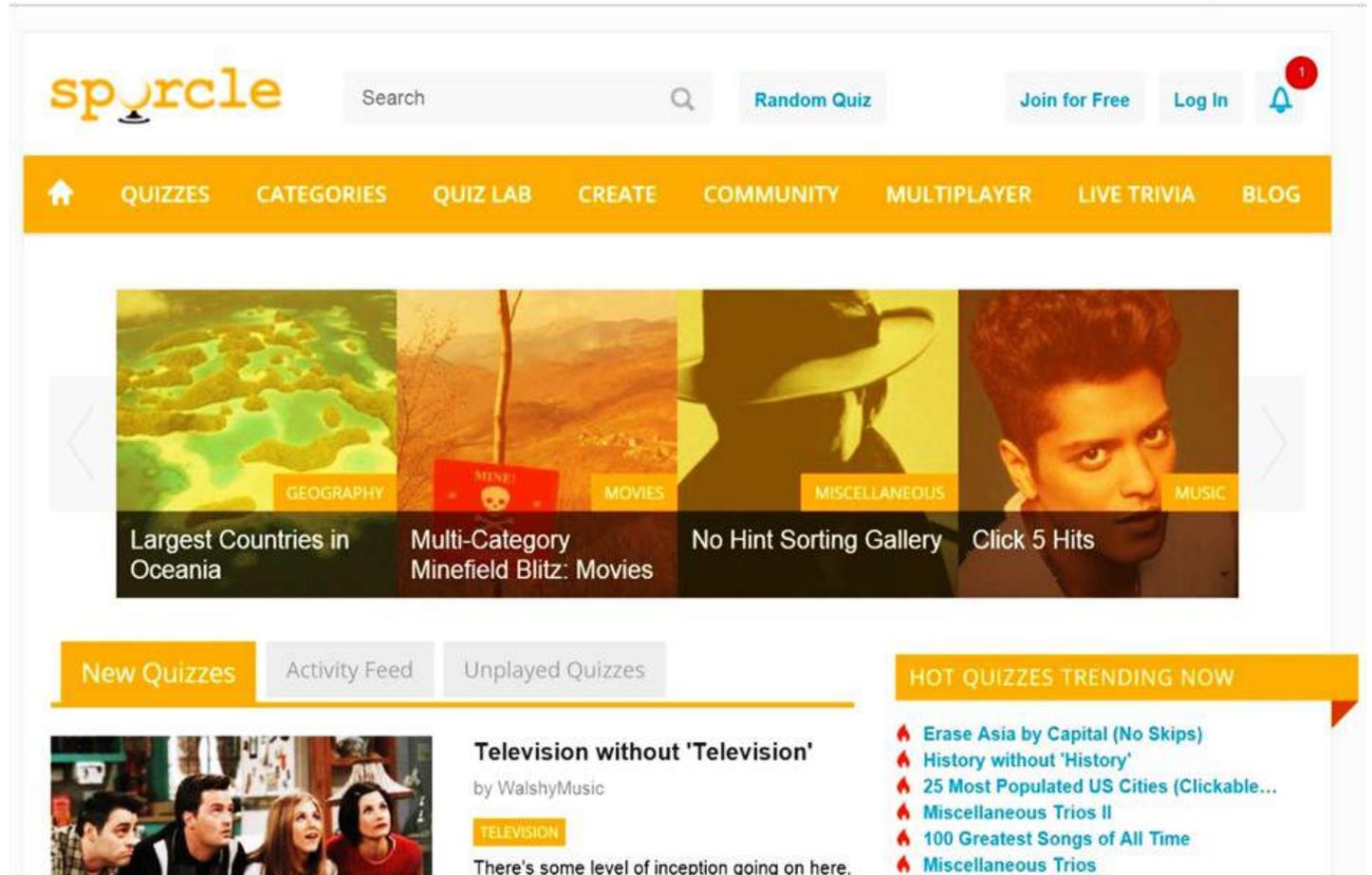
As well as being a member of the U3A Newsletter Team, Jon enjoys the Acoustic Music and Ethnic Dining groups, whilst Helen enjoys being involved with several U3A Groups.

Wonders of the Web

In this series, we look at websites that may be of interest to members.

All the questions about almost everything

By Paul Chapman



The screenshot shows the Sporcle website homepage. At the top, there is a search bar, a 'Random Quiz' button, and links for 'Join for Free' and 'Log In'. Below this is a navigation menu with options like 'QUIZZES', 'CATEGORIES', 'QUIZ LAB', 'CREATE', 'COMMUNITY', 'MULTIPLAYER', 'LIVE TRIVIA', and 'BLOG'. The main content area features a carousel of featured quizzes: 'Largest Countries in Oceania' (Geography), 'Multi-Category Minefield Blitz: Movies' (Movies), 'No Hint Sorting Gallery' (Miscellaneous), and 'Click 5 Hits' (Music). Below the carousel, there are sections for 'New Quizzes', 'Activity Feed', and 'Unplayed Quizzes'. The 'Activity Feed' section highlights a quiz titled 'Television without 'Television'' by WalshyMusic, with a 'TELEVISION' tag and a description: 'There's some level of inception going on here.' To the right, a 'HOT QUIZZES TRENDING NOW' section lists several popular quizzes, including 'Erase Asia by Capital (No Skips)', 'History without 'History'', '25 Most Populated US Cities (Clickable...', 'Miscellaneous Trios II', '100 Greatest Songs of All Time', and 'Miscellaneous Trios'.

Typical Sporcle Website page

Are you a font of all knowledge? Do you enjoy answering quizzes? What's your specialist subject? Okay, clever clogs, how many questions can you get right when battling against the clock?

There is one website that will throw more questions at you than you ever imagined possible. It is sporcle.com and you can try your luck on any subject at random or hover your mouse over the drop-down menu of Categories and choose from Sport, Geography, History, Literature, Science, and a plethora of other options.

Once you get to the subject page there are even sub-categories you can select from. For example, under Geography you can click on topics such as Africa, Europe, America, Capitals, Continents, Flags, Population and many more.

Continued Over:-

Wonders of the Web Cont...

Alternatively, type your selected subject in the Search field and watch the specialist quizzes appear. But don't expect them all to be easy.

For example, when I search for my favourite subject – Shakespeare – up comes a whole list of quiz topics, ranging from the general (“Can you name the plays of Shakespeare?”) to the obscure (“Can you name the Shakespeare character in each play who has the highest line count AND is still alive at the end?”), to the just plain bizarre (“Can you name the source of the quotes – Shakespeare or Batman?”). That last one's tougher than you might think, by the way. Get the idea?

Just type in the topic at which you reckon you're a hotshot and see how you get on. The site is free to use and you can dip into it as a casual user any time you have a few minutes to spare and feel like sharpening your wits.



On the other hand, if you are really serious about quizzing, you can choose a login and join the Sporcle community. It's a step too far for me, but it will enable you to compare your track record with other users or even lay down a challenge by creating your own quizzes if that's the sort of thing that floats your boat.



Use it or Lose It !!

Word Search: Ice Cream Flavours

COTTON CANDY
 MAPLE WALNUT
 PECAN
 BANANA
 TIGER TAIL
 MOOSE TRACKS
 COCONUT
 ROCKY ROAD
 GREEN TEA
 FUDGE
 REESES
 CHOCOLATE
 VANILLA

Y	M	T	R	L	C	H	O	C	O	L	A	T	E
A	S	K	C	A	R	T	E	S	O	O	M	E	T
P	Y	V	A	N	I	L	L	A	S	N	O	T	E
M	K	D	E	T	D	E	A	C	F	A	N	A	A
C	A	T	N	L	I	N	N	A	O	C	O	O	E
O	K	P	O	A	A	G	O	D	K	E	A	E	T
E	C	U	L	N	C	A	E	F	O	P	L	R	N
D	O	T	A	E	E	N	O	R	Y	W	E	E	E
O	C	B	O	A	W	Y	O	T	T	E	O	I	E
C	O	I	E	A	A	A	R	T	S	A	O	A	R
R	N	T	T	C	R	A	L	E	T	N	I	A	G
E	E	G	D	U	F	O	S	N	I	O	V	L	T
D	A	O	R	Y	K	C	O	R	U	A	C	G	T
A	E	E	T	U	N	O	C	O	C	T	P	E	S

How Many Words Can You Make

S	B	Y
I	L	O
D	U	U

Goal

Superb - 20; Excellent - 18

Well Done - 14; Good - 10

Answers on Page 19



Hidden Gems of NZ

In this series, we let you in on some of our country's little-known treasures.

Memory lane trip is right on our doorstep



By Paul Chapman

It seems that Tauranga has been arguing forever about whether to open a museum but Katikati did so years ago ... and what a neat little place it is.

If you haven't visited the Western Bay of Plenty Museum yet, it's time you took a half-hour drive along State Highway 2 to check it out. It is a small museum with a big story to tell ... and will undoubtedly prove a trip down memory lane for many U3A members. Based in the town's old fire station, next to the information centre, the museum is staffed by a roster of enthusiastic volunteers.



A fine display of Taonga Maori greets visitors as they enter, the collection of Samuel Middlebrook, an early European pioneer in the district.

Katikati was settled predominately by families from Ulster, and the museum also boasts a small cannon from the tall-ship Lady Jocelyn, which brought some of them out from Britain.

Although many of the exhibits are on permanent display, the museum has so many more artefacts in store that a programme of changing special exhibitions also takes place throughout the year.

Farming, naturally, plays a key role in the story of European settlement, and the industry is currently highlighted in a fascinating exhibition titled "Out to Pasture", which runs until June.

Just around the corner from the main exhibition hall you can visit a schoolroom from the 1900s, which really does feel like stepping back in time. You can almost hear the squeak of the chalk on the blackboard!

Early telecommunications are not forgotten either, and in this age of mobile phones some of the equipment appears almost prehistoric, especially the operator's switchboard.

And do you remember party lines? There is a tribute to the days when everyone connected to the same communal phone line could listen in to anyone else's conversation, a quirk that was disarmingly known as "sparrows on the line".





Hidden Gems of NZ Cont...

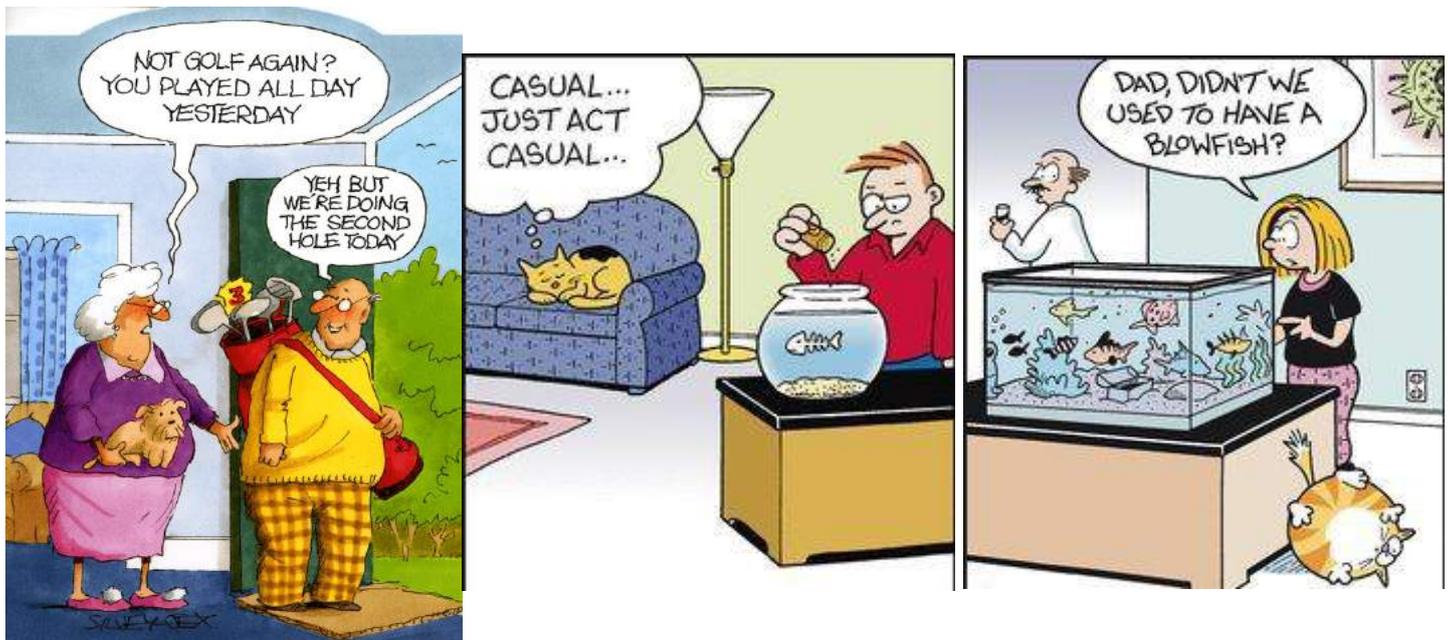
Just to finish off the museum's rather eclectic collection, nature lovers are likely to be dazzled by the display cases of moths and other insect samples.

There is a Gold Card fee of \$4 (the full adult rate is \$5) for entry to the museum, and it is worth every cent.

Just a word of advice, it can be useful to park in Talisman Drive (turn right into Beach Road, then right again). There is plenty of parking space along there, so you don't need to reverse out of the angle parking into State Highway 2 traffic. You can then cross to the museum at the light-controlled pedestrian crossing.

You can check out the museum's website at <https://www.nzmuseum.com/>

A Little Light Humour !!



Well Fancy That !!

There is an old Hotel/Pub in Marble Arch, London which used to have gallows adjacent.

Prisoners were taken to the gallows (after a fair trial of course) to be hung.

The horse drawn dray, carting the prisoner was accompanied by an armed guard, who would stop the dray outside the pub and ask the prisoner if he would like "ONE LAST DRINK".

If he said "YES" it was referred to as "ONE FOR THE ROAD"

If he declined, that prisoner was "ON THE WAGON"

Group Activities

U3A Yoga 1 and 2



Yoga for health – positive responses from yoga classes

Members of U3A's two yoga classes were invited to record their thoughts on the benefits of practising yoga. The responses suggest an awakening of mind and body which are worth sharing with others. Specifically, class members recount:

- Through proper breathing, we achieve mental relaxation, a sense of calmness and awareness that is energising and improves our concentration and sleep patterns in today's restive world.
- Through stretching, we achieve joint, muscle and ligament suppleness in a non-impact way and improve our balance, flexibility and agility for pursuing active lifestyles.

Other benefits mentioned were:

- Maintaining good blood circulation and bone density and easing of muscle pain.
- Providing time to focus on oneself in the present, free of outside intrusion.
- Our tutor caters well for our age group, planning classes around our needs and encouraging us to take part at a level we feel comfortable with.
- Enjoyable contact with like-minded people, including an occasional café visit after class.

These benefits simply relate the personal observations of our members. They are not derived from evidence-based research, nor does yoga provide a 'quick fix' remedy, but the gains experienced over a period make it a worthwhile activity for seniors.

If you are interested in joining Yoga 1 or 2, contact the conveners: Sheena Spittler (Yoga 1), phone 544 7039, Peter Simmons (Yoga 2), phone 576 0952.



A few photos taken at the Apple Mac group. We had seven members attend and Neil Murphy demonstrated short cut keys; Judy showed an interesting video clip on Youtube which was sent by mail to other members and an especially good video series for Mac users, from which we all learnt, by David A. Cox. Judy Smallbone had problems with the Photos programme and Jeanette was shown how to enlarge text.

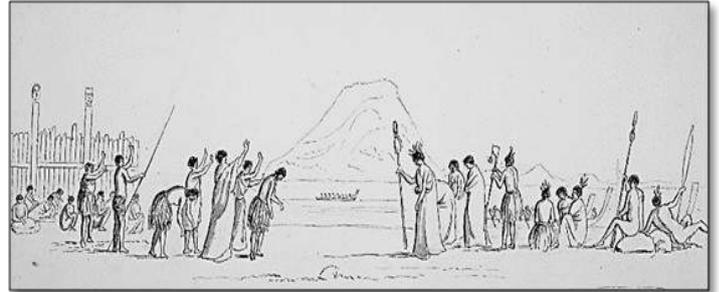
The meetings are held on the 3rd Thursday of the month at Maungatapu, Convener: Betty Clethero, phone 544 2067.

History of New Zealand



On Tuesday, 8 March, the History of New Zealand Group met in the movie room at Bob Owens retirement village. Historian and group member, Dr Trevor Bentley, gave us a powerful PowerPoint presentation on his speciality subject, pre-1840 New Zealand. This time the topic was pre-1840 Tauranga and the presentation focused on the great Ngapuhi invasion of Tauranga March – April 1832.

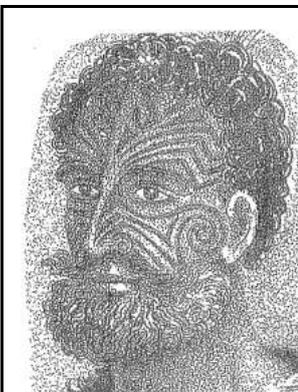
In that year, the Ngapuhi predatory raider Titore Takiri (see image below) invaded Tauranga with a fleet of 80 waka, carrying some 800 warriors and a siege train of ten cannon. They subjected Otumoetai Pa (pictured right) to a daylong bombardment, then sporadic fire in a two-week siege during which the Ngai Te Rangi musketeers drove off repeated attacks by the Ngapuhi infantry.



The invaders were accompanied by Rev. Henry Williams (see picture left) and several other Anglican missionaries who accompanied the expedition in the hope of making peace. They recorded the campaign details in their journals.

Williams said that when the Ngapuhi fleet returned to the Bay of Islands, several canoes stood too far out to sea and were lost along with the crews and several cannon.

Seeing the old sketches and paintings, together with those of present-day sites, on the big screen was an amazing experience. We all came away with a much greater understanding and appreciation of our own local history. **Convener: Bev Corbett, phone 579 1995.**



Tattooed face of the Leading Ngapuhi Rangitira, Titore Takiri



Nga Puhi musket haka, 1830s. Ngapuhi attacked Tauranga 7 times during the Musket Wars but could not dislodge Nga Te Rangi.



Capt. Clarke took the schooner "New Zealander" close inshore during the siege and bombarded the Ngapuhi camp at Ferguson Park.

U3A Travel Group Report



Our Travel meetings, are held on the 4th Thursday of each month, at the Wesley Centre. Our meetings continue to be well attended. We have speakers on activities, history, customs and travel experiences in a large variety of countries. Our March meeting showed the diversity of subjects we cover.

Dr Annabel Babbage gave a very comprehensive talk on travel health. This covered everything from insurance, vaccinations, preparations before your trip, hints on how to consider food, water and transport in order to travel comfortably and safely. This talk was well received and even the most experienced traveller gained from it.

Jan Hutson spoke on a trip to Northern Spain and Portugal, with many photos of impressive palaces, forts and national buildings, as well as quaint narrow cobbled streets.



Jonathan Spink spoke on his travels by bike through the Baltic States. He covered Lithuania and Latvia. We will hear the balance of his talk on the Estonia leg of his trip at the next meeting.



The Travel Group has vacancies. If you would like to join us you would be most welcome. Convener: Annette McLachlan, phone 562 3188.



U3A Nature Study Group

Members of the Nature Study group had a most interesting visit to McLaren Falls Park, having Autumn and Spring at the same time. The trees put on a glowing display of Autumn colour and there were three sets of young cygnets and 2 coot chicks. Two swans performed a Spring dance, parting and coming together so gracefully.



There were hundreds of Paradise ducks who made themselves heard very loudly from time to time. The lovely day was rounded off with coffee at the cafe.

In early April the Nature Study group walked along Te Waihou River. The water is so clear you can see the brown trout swimming along and the green fronds of water weed trailing downstream. A lively waterfall cascaded over the rocks just before the blue spring. It was a beautiful day, which enhanced the experience and we enjoyed our picnic lunch before a slightly quicker walk out. **Convener: Mary Sanson, phone 571 2509.**

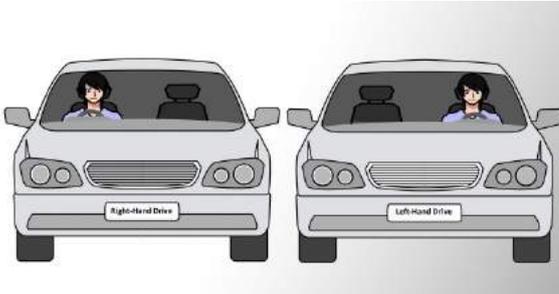


It's a Funny Old World



Drive on the left and you will be all right

By Paul Chapman



“Why does New Zealand drive on the left?” asked the overseas visitor.

“That’s easy,” I replied. “Because the British do and New Zealand is a former British colony.”

The next question was not long in coming.

“Okay, then, why do the British drive on the left?”

Now that is an altogether more complicated matter. Tradition has it that centuries ago horsemen passed each other on the left so they could keep their right hand free to reach for their sword if threatened. That is also said to be the reason spiral staircases in medieval castles turn to the right when going up, so that defending soldiers could have their right hand free to stab downwards around the twist at anyone who dared to attack.

In fact, the truth about driving on the left is probably more prosaic. Since around 90 per cent of the world’s population are right-handed, most drivers of wagons sat on the right in order to keep their left hand on the reins and their right hand free to wield the whip for the horses.

That meant it was easier to keep left when passing oncoming wagons in order to better judge the gap between them and so avoid any clashing of wheels.

There is even archaeological evidence from an ancient quarry in southern England that wagons collecting building stone kept to the left in Roman times.

Driving on the left was eventually formalised in 18th-century London when a law decreed that all traffic crossing the congested London Bridge should keep to the left. The left-hand rule was later incorporated into the Highway Act of 1835 and adopted throughout the British Empire.

Today most former British colonies, notably Australia, India, Pakistan, South Africa and New Zealand, drive on the left. The chief exception is Canada, which because of its long land border with the United States switched to the right. The Americans, in the spirit of throwing off the shackles of British rule and lots of wide-open spaces, introduced their first law requiring wagon drivers to keep to the right in 1792.



Continued Over...

It's a Funny Old World Cont....



As it happens, several other countries with no historical connections with Britain, such as Japan, also drive on the left. Together, left-driving countries and territories make up just 35 per cent of the world's states.

Interestingly, most of continental Europe drove on the left until the left-handed Napoleon Bonaparte came to power. He ordered his armies to keep to the right when marching and later introduced a law requiring everybody else in his domains to do so.

The Dutch were forced to switch to the right under Napoleon's rule, but their old colony of Indonesia stayed on the left. Some last vestiges of Europe held out. Portugal did not change to the right until the 1920s, and Austria switched only after Hitler annexed the country in 1938. Left-driving Sweden, eventually the odd one out in mainland Europe, finally went right at 5am on Sunday, 3 September 1967.

On 7 September 2009, Samoa opted to go the other way and became only the third country ever to change from right- to left-hand driving. Samoa had been driving on the right since it became a German colony early in the 20th century. The change came when Prime Minister Tuilaepa Sailele Malielegaoi wanted to swap sides to make it easier to import cheap used cars from Japan, Australia and New Zealand. There were a few teething troubles, notably when bus passengers found themselves alighting in the middle of the road instead of on to the pavement because the access doors were on the right.



When a country drives on the left in a right-handed world, it does, of course, help immeasurably to be an island nation with no land frontiers. Just like New Zealand.





Emergency Evacuation List



In the March issue of the newsletter there was a summary of Annis Parker’s talk at the Arataki General Meeting about being prepared for natural disasters. Below is a suggested evacuation list supplied by Annis:

***Legal Folder:**

- with all important documents
- insurance policies
- passport, etc

Box 3: Photographs:

- 2 x Picnic Bags with
 - knives/forks/plates/thermos/cups etc

Box 1: Food

- *Can opener*
- Coffee: Tea:
- Weetbix
- Water ++++
- Long life milk
- Tins fruit:
- Tins rice:
- Tinned fish
- Crackers – Flat breads
- Packet soup
- Pita Bread
- Cutlery
- Plastic Bags
- Toilet Paper
- Paper Towels
- First Aid Kit

2 x Computer Bags:

- Laptops and chargers
- camera
- Memory sticks.
- Passwords

Projector

Suitcase:

- Medicine + drugs
- Toilet gear
- Underwear
- Warm clothes
- Cool clothes.
- Sandals
- Shoes/boots
- Sleeping +tights

Box 2: Equipment:

- Radio
- Jug
- Torch
- Chargers
- Sleeping Bag
- Puffer Jacket
- Towel/facecloth
- Soap

Shoulder Bag:

- Phone and charger etc
- Wallet



Quiz Answers

Page 2 Quiz

1. Sulphur Point;
2. c) Smaller (Australia is 7.69 million sq km, Greenland is 2.17 million sq km);
3. Equal night (all over the globe);
4. A sundial (it is the vertical pointer that casts the shadow);
5. The funny bone;
6. b) Telescopes;
7. False (he was born in Mississippi);
8. The Pre-Raphaelite Brotherhood;
9. The dog (canis in Latin);
10. Fifty-five miles (88.5km)

Page 10 "How Many Words"

Possible Solution

Bodily, Boil, Bold, Build, Busily, Doubly, Dubiously, Duly, Idly, Idol, Loud, Lousy, Oily, Silo, Slid, Slob, Soil, Sold, Solid, Soul.

General Meeting Papamoa

Date: Wednesday 29 May 2019
Time: 9.45 am check in for 10.00 am start.
Finish 12.00 noon
Venue: Papamoa
Gordon Spratt Reserve
Alice Way (off Parton Road)
Papamoa

Guest Speaker: Heidi Darcy of COMVITA

Mini Presentations about U3A Interest Groups

Members of the public welcome

FREE ENTRY

Morning tea provided

Plenty of Parking



2019 Executive Committee

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***Note: The Secretary's phone number is incorrect in the 2019 handbook. Please amend your copy.**

Next Newsletter - July 2019

Deadline for contributions is 24 June 2019

Editor: Jan Holden - Ph 543 3747 newsletter@u3atauranga.kiwi.nz