



ELECTION General Meeting

Friday 18 November 2016

Agenda:

- 10 to 10.30 am Election General Meeting.
Followed by a Creative Writer's story.
- 10.30 to 11.15 am Christmas morning tea and time to look at the group displays in the side room by the stage.
- 11.15 to 11.40 am Performance by the ukulele group.
- 11.40 am to midday Performance and sing-along with the "Singing for Joy" group.
- Close of meeting.

We look forward to seeing as many members there as possible.

The Nomination of Officers Form is on page 11.

This form must be received prior to commencement of the meeting.



**NOTE: NO meetings in
December and January**

A chance to enjoy the
holiday season.



**General meetings are held on the 3rd Friday of the month
(except December and January)**

10.00 am – 12.00 noon

Wesley Methodist Church Hall

100 13th Avenue, Tauranga

Meeting dates for the year can be found in the Handbook under the U3A Meetings Section. Main items on the meeting agenda are a "mini" presentation and then morning tea followed by a guest speaker. There is a \$4.00 charge to cover morning tea.

Committee News

Welcome to the November newsletter.

Changes to your personal details:

Please advise the Membership Secretary, Sheila Freer, Ph. 576 5243, of any changes to personal information i.e. change of home address, phone number or email address. This will ensure that members receive their subscription notices in January by either email or post. Also, notify Sheila if you have previously received subscription notice or Newsletter by post but wish to receive the subscription and newsletters by email.

The Election General Meeting on the 18th November 2016 is our final general meeting for the year.

A few nominations have been received for committee positions and there are also some changes in committee roles.

Jean Garmonsway, presently Vice President, has advised the committee that she will not be standing for President next year, but is continuing to stay on the committee in a supportive role. We are very thankful to have her continuing knowledge and expertise available for the new committee.

Diane Moulton has been a very willing worker behind the scenes assisting with the Meet and Greet organisation and as a backup for the Treasurer as needed. This work, as well as her role as Secretary has been quite demanding so she has decided to relinquish the secretarial position to do the committee support role on the new committee.

There has been one nomination for President to date and that is John Powell. He has been Data Manager for the last year and a half so has been in a unique position to oversee and support a lot of changes within U3A over this time.

Positions still to be filled include Secretary, Vice President and Speaker Organiser for General Meetings. I look forward to receiving nominations for these positions at the election meeting.

After the meeting and special Christmas morning tea we will have items from a few groups and also displays from groups will be on show. It is always a lovely morning from 10.am until 12.00 noon and we look forward to having lots of group participation.

I look forward to seeing you at this special November General Meeting.

Vivienne

President

We are not the same persons this year as last; nor are those we love. It is a happy chance if we, changing, continue to love a changed person.

W. Somerset Maugham

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Marianne Lammers – D-L Groups Co-ordinator

Many of you will know Marianne, Group Co-ordinator. After joining U3A last year, she took on the role in 2016 and is one of four co-ordinators. She loves the role and together with the team has started several groups during her time in the position. U3A groups have been growing all the time and have risen from 70 odd a few years ago to 100 today! The growth continues and there will be 4 co-ordinators in 2017.



Marianne sees the co-ordinators role as a very supportive, interactive and mutual function to work with U3A members.

She also considers the process revolves around the creation, establishment and operation of groups with “listening” as vital in the process for both members with ideas and the co-ordinators.

This point is very much borne out in a quote promoted by Marianne i.e. “those who teach shall learn and those who learn shall teach”.

U3A members with any “ideas” or thoughts for new groups should contact Marianne on Phone: 021 804 403.

Marianne grew up in Indonesia and then school years in Holland. She worked in Canada as a nurse for 5 years then moved to New Zealand. In N.Z. she has worked in various roles including setting up Victim Support in South Waikato and, after achieving her PhD, working in the Courts with Restorative Justice and then dealing with people in prisons with “prisoner issues”.

The Almoner



Angela Dold is the U3A Almoner.

If you become aware of a member who is ill or has had a recent bereavement, please let her know.

Phone: 571 6767

Group Coordinators' Report

Conveners meeting was held on Wednesday 26 October. It was a lively meeting with lots of discussion. Nine groups indicated they intended putting on displays for the Display Day on 18 November.

New Members meeting will be held on 3 November.

Group name changes.

Foreign Film Classics 1 and 2 will change their name to Film Classics 1 and 2.

Ethnic Dining 1 is changing its name to Dining Group.

New members needed.

Art History 2 group would welcome any new members. The new group has had 3 interesting talks so far since they began in August: Art of Ancient Africa, the Austrian artist Hundertwasser, and Impressionism. They like to explore all forms of creative art including architecture, mosaics, and cultural expressions along with the classical masters. Phone Margaret Liddell -570 0385 Convener.

Psychology Group needs new members. Membership is down to Peter Bell, the convener, and ONE member. The group has been run on "democratic" line with anybody free to suggest a topic (within the broad heading "psychology") that they wish to explore. If we cannot attract a couple of members, we will have to close down completely. If you know of anybody who might like to join us, they are welcome to come along for a "look-see" at a meeting.

We have been meeting every second and fourth WEDNESDAY of the month, 10am to 12 noon at GRINDZ Café (First Avenue, opposite the parking station). There is no charge for the meeting room, but they would like it if you buy a coffee.

Anyone who is curious can contact me on 5760983 or 0212254898. Looking forward to hearing from you. Peter Bell

Horticulture and Gardening group need more members. Contact Lynda Lambert on 579 1689.

Classical Music Lovers' Group could take one or two more members. Contact David Munro on 579 9122.

Lone Rangers (solo seniors) group could do with new members. There was a misunderstanding from the public that they were a dating group, when in fact they were single people interested in travel, outings, etc. Contact Diane Wilcock on 570 1237.

Microsoft Solutions. This year's group members have "graduated" from Microsoft Solutions and are involved in the newly established group called Computer Applications. We are now taking names of people interested in joining Microsoft Solutions next year.

Co-ordinators: Marianne, Anne, Kathleen, Christine

New Groups for 2017

Mini – Hikers – (suggested name)

A group of ex-hikers who do shorter easier walks than the Hikers Groups. We walk together to enjoy the friendship of members and appreciate the beauty of the places we walk. We will pause to enjoy the scenery and take photos! Walks will be in bush and local areas and be 2-3 hours in length. A reasonable level of fitness is required. Thelma Cane will be happy to convene the group with someone else.

Convener: Thelma Cane phone 574 6222

Meeting Days: 2nd & 4th Wednesdays.

I have 10 members interested.

A meeting to set the group up could be held maybe next month.

Marianne Lammers D-L Groups Co-ordinator.



Acoustic Music Concert Group

This is an opportunity for music lovers who play, guitar or other stringed instrument to join a group which entertains by leading sing-alongs at rest homes and social venues.

This will involve the occasional Friday or Saturday nights and will be a very social group. Openings for proficient key board players and computer savvy individuals to operate big screen.

Convener: Reg Clothier Phone: 562 0694 0220114776

Email: regclothier@gmail.com

Sub Convener: Lang Pringle Phone: 576 5551 0210309627

Venue: Cliff Road Pavilion.

Time: 2 – 4 pm. 1st and 3rd Wednesday.

Cost: \$2.00 for hall hire.

Kathleen Fraser A-C Groups Co-ordinator.



Computer Applications Group

A happy group with an unstructured way of listening to members asking questions about everyday computer tasks, then exploring the many solutions to find easier ways. Suddenly the computer becomes a friend, an efficient tool to achieve boring tasks through understanding how.

Sharing reinforces learning. Finding the practical everyday uses, like organising photos and files, right click options in File Explorer, Google Docs and Sheets have been looked at. Further topics are unlimited and will include what is new throughout 2017.

Enthusiasm within the group is contagious. If you are interested in joining in 2017. Kathleen Fraser, A-C Groups Co-ordinator on 576 2175.



Member Profile

Coreen Gray

Coreen re-joined U3A again this year, to attend the “Singing for Joy” group. She and her husband Malcolm were members of U3A in the early days when the organisation began in Tauranga.

Coreen is well known for her musical abilities. She has many musical qualifications: LRAM for teaching and performance; ARCM performance for singing and she used to accompany choirs in the Tauranga area.



While living in the UK she taught in Guernsey at the Ladies College supposedly for one term and she ended up staying for 10 years.

After moving to NZ in 1961 she was head of the Music department at St Cuthbert’s College, while Malcolm had a position teaching German at Kings College. At this time Coreen was involved with Radio NZ doing solo broadcasts.



Coreen conducting the Singing Group.

Coreen joined the Dorian Choir in 1961. They auditioned for the BBC Worldwide competition for choirs “Let the People Sing” and the Dorian Choir won in 1975. The same year they attended the 3 choirs’ festival in Gloucester England and again in 1977.

Malcolm and Coreen went overseas in 1985 and Malcolm spent time at the Goethe Institute while Coreen spent time touring Europe with the Dorian Choir.

Coreen relates one of the highlights of her career was when she played the piano at the home of Sibelius, the composer, while in Finland on holiday during 1983.

After retiring in 1980 they moved from Auckland to Papamoa where they bought a bach, demolished it and built a Lockwood home.



The U3A Choir.

Malcolm had a degree in German and lived in Germany for two years teaching English. This enabled him to perfect his ability to converse easily in German. He also acted as an interpreter with the Dorian Choir while they were in Munich.

Malcolm Gray began the U3A German Group. He left U3A in the 1990's but the German group is still going.

After Malcolm died Coreen joined the drama group and was involved in a singing group in U3A. They used to meet in the Baptist Church hall. She recalls being a Fairy in the pantomime "Cinderella" which they performed in a hotel where Bayfair, Arataki, is now. She participated in many plays and gave up drama three years ago when the group disbanded.

Now over 90 years of age she is admired greatly for her ability to accompany choirs and soloists around the Tauranga area, and to act and sing at the retirement village she resides in now.



Coreen as a fairy in the U3A Cinderella Pantomime

Group News

Yoga Groups

U3A have two Yoga groups. The groups are held on Tuesday and Thursday mornings on a weekly basis. Both groups are held at central locations. We are privileged to have Maria Kerewaro as our instructor. Maria has developed practice sequences that strengthen and balance the whole body without being too demanding for older bodies.

We do warm ups with gentle stretching and coordinated breathing. The physical poses are very manageable; Maria is not judgemental around how our poses look. Rather she encourages us to connect with our physical body through breath and becoming present. The classes end with a relaxation time to allow the body to rest and wind down. We are keen to have more people join our groups. Please contact a Group Co-ordinator if you are interested in joining either or both of these groups.

["In the practice of Yoga one can emphasize the body, the mind or the self and hence the effort can never be fruitless."](#)

"If you can breathe you can practice Yoga "

[Tirumalai Krishnamacharya](#) {the father of modern yoga



The original principles set down by Peter Laslett in 1981 were that
"those who teach shall learn and those who learn shall teach"

Miscellaneous

History of U3A A2Z Group

Heather Ward used to convene the U3A A2Z group. A2Z was about any subject of interest which they wanted to research.

Her late husband first started the group and the group met for about 15 years. It had an enthusiastic membership reaching about 18 members at one time, meeting in different homes.

Over the years the membership changed until only 6 committed members remained. This was not enough to keep the group going especially over the winter months when people travelled. The group closed but as they had become friends they decided to continue to meet. They all joined the Tauranga Library Book Club (as all are avid readers) and afterwards meet at Robert Harris for a coffee and chat to catch up with news plus any subject that has caught their interest (just like in the A2Z days!).

They have certainly proved that U3A is not just about challenging and developing the mind but also about having interesting social contact and making good friends!

Message from the President of U3A York, England

As Chairman of the York U3A in England, I thought it would be remiss of me to leave the Tauranga area without sending fraternal greetings to the members of your local U3A in New Zealand. The York U3A has a membership of 1600 and offers some 130 courses and activities many of which are held in the Friends Meeting House in the centre of York or in the homes of our members. I am always amazed by the variety of subjects we cover of which the latest is a ukulele group. My understanding is that apart from the numbers, our way of running things is similar including the modest fee we both charge for the pleasure of sharing so many interesting events and subjects. It comes as no surprise therefore for us to know that the U3A worldwide is about to open U3A number 1,000.

Perhaps some of you will find a reason to be in York. If you do, please contact secretary@yorku3a.com and let us know you are around. A traditional Yorkshire welcome is guaranteed!

Noel Leeming Bargains!!

This applies to all Gold Card holders and U3A member Ken Rose has kindly brought this situation to our attention for the benefit of all U3A members. Ken recently purchased a new HMDI Lead from Noel Leeming on behalf of U3A. The price was \$44.95 and by producing his Gold Card the price was reduced to \$13.50!!

Members need to know that Noel Leeming give excellent discounts on anything purchased, if you produce your Gold Card.

Christmas Day on Your Own?

U3A members who would like to have some company are welcome to join our Christmas Day Group.

Towards the end of November, or early December I shall call a meeting of interested parties to make the arrangements.

Please phone me on 576 2175 if you would like to join.

Kathleen Fraser A-C Groups Co-ordinator.

The holidays are here.



I wish now that I had joined the U3A Christmas Day Group

Next Newsletter

A New Year – January 2017

All contributions must be in before 15 January 2017.

Committee, Convener and Group Reports should reach the editor before the deadline. If you have something you would like to share with U3A members, via a "Members' Forum", we ask for short contributions (which may be edited). Inclusion will depend on available space in each newsletter.

Editor: Kit Divehall - Ph 576 8100 newsletter@u3atauranga.kiwi.nz

Facts and Figures to Date

Membership as at 31 October 2016	845
Life Members	8
TOTAL	853
Number of Groups:	102

The U3A Tauranga web site is always looking for articles, send your article to webmaster@u3atauranga.kiwi.nz

Any topic of interest to U3A Tauranga will be considered.

U3A Tauranga Inc

Notice of Election General Meeting – Friday 18th November 2016

You will recall that amendments to our Constitution were passed at a meeting in 2013 for a Special General Meeting (Election General Meeting) to be held in November of each calendar year.

This is held to elect our Officers for the following year, set the annual subscription payable by members by 31st March 2017, and print the names of the committee in the 2017 booklet.

Note that the Officers elected at this meeting will take office at the Annual General Meeting in February 2017 after the adoption of the 2016 accounts.

Notice is hereby given as follows:

An Election General Meeting of U3A Tauranga Inc. is to be held for the purposes of electing officers and setting the annual subscription for 2017.

Date and Time: Friday 18th November 2016 at 10.00 am

Venue: Wesley Methodist Church, 100 13th Avenue, Tauranga

The following Executive Committee Positions are open for nomination:

President

Vice President

Treasurer

Secretary

4 Group Co-ordinators

Data /Project Manager

Newsletter Editor

Membership Secretary

Meetings and Speakers Organiser

Committee Support (non-portfolio positions)

A copy of the nomination form is on the next page. This form must be received by the Secretary by the starting time of the Election General Meeting. In addition, all positions will be open for nomination from the floor at the Election General Meeting.

October Guest Speaker



Our Guest Speaker was Mark Whitworth, Cargo and Customer Services at the Port of Tauranga.

GF Food



with gluten free requirements.

At our meetings, there is always a section of a table with food for those

U3A TAURANGA INC

NOMINATION OF OFFICERS FOR 2017

Written nominations on this form must be received by the Secretary before the starting time of the Election General Meeting on Friday 18th November 2016

**Please post to: The Secretary
U3A Tauranga Inc
PO Box 14453
Tauranga 3143**

I hereby nominate

.....

For the position of

.....

Signed..... Date / /
(Financial Member making the nomination)

Signed..... Date / /
(Financial member seconding this nomination)

I consent to this nomination.....Date / /
(Financial member)

Executive Committee Positions open to Nomination:

President
Vice president
Secretary
Treasurer
4 Group Co-ordinators
Data/Project Manager
Newsletter Editor
Membership Secretary
Meetings & Speakers Organiser
Committee Support (Non-portfolio positions)

Non-committee positions:

Webmaster
Almoner
Archivist

2016 Committee

President:

Vivienne Mills - 574 3133

Vice President:

Jean Garmonsway - 579 1918

Immediate Past President:

Chris Hector - 548 2704

Treasurer:

Elizabeth Reeves - 562 2767

treasurer@u3atauranga.kiwi.nz

Secretary and general enquiries:

Diane Moulton - 027 268 4244

u3atauranga@gmail.com

Handbook / Group Co-ordinators**Groups A to C:**

Kathleen Fraser - 576 2175

a2c.groups@u3atauranga.kiwi.nz

Groups D to L:

Marianne Lammers - 021 804 403

m.lammers@actrix.co.nz

Groups M to Z:

Anne Withy - 579 0430

m2z.groups@u3atauranga.kiwi.nz

Membership Secretary:

Sheila Freer - 576 5243

Speakers Organiser:

Joan Gooch - 021 0223 2817

Newsletter Editor:

Kit Divehall - 576-8100

newsletter@u3atauranga.kiwi.nz

Data Manager:

John Powell - 575 4540

Photographer:

Alan Freer - 576 5243

Committee Support:

Raewyn McAlonan - 543 2974

Marlene McLaren - 570 6055

Rob Heath - 574 6468

Webmaster:

Brian Wood - 574 6323

webmaster@u3atauranga.kiwi.nz

Almoner:

Angela Dold - 571 6767

Archivist:

Margaret Douglas - 579 4429

Meet and Greet Teams

September – Creative Writing Group



*Back: Doreen Salter, Chris Johnston
Front: Angela Dold, Elizabeth Shennen*

October – Garden Ramblers



*Back: Elizabeth Reeves, Jan Holden, Mary Stewart.
Front: Carol Simpson, Janice Pilbrow*