

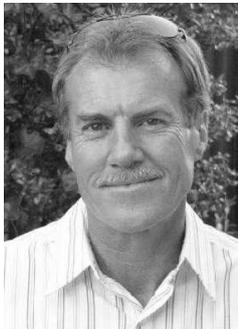


General Meetings

Next Meeting:

Date: 16 September 2016
Guest Speaker: Stuart Caldwell
Manager, Get Smart Tauranga

Stuart will speak to us about his organisation, which is a specialised drug and alcohol service for young people. It began as a response to the growing problem with the drug and alcohol culture in the Tauranga Community. They work alongside young people up to the age of 24 yrs.



October Meeting:

Date: 21 October 2016
Guest Speaker: Representatives
From Ports of Tauranga



General meetings are held on the 3rd Friday of the month

(except December and January)

10.00 am – 12.00 noon

Wesley Methodist Church Hall

100 13th Avenue, Tauranga

Meeting dates for the year can be found on p53 of the U3A Handbook. Main items on the meeting agenda are a “mini” presentation and then after morning tea we have a guest speaker. There is a \$4.00 charge to cover morning tea.

President's Pen



Welcome to the September newsletter.

It is lovely to smell the spring flowers and be aware that the days are getting longer.

We welcome Christine Denne, recently co-opted to the committee as our fourth coordinator. She is assisting with Kathleen's groups while Kathleen is overseas.

Sheila Freer has taken over the position of Membership Secretary. Our thanks to Chris Hector and Jean Garmonsway for being the "stand ins" while the new data base went through the "teething stages". Please advise Sheila, Phone 576 5243, if you change your address, phone number or email address.

It is coming to the time of the year when we need to think about nominations for the 2017 committee. Information and nomination forms are in this newsletter.

I have been President for two years so will be standing down in February next year. One position that is always difficult to fill is the Vice President one. If you know of a member or are prepared to put yourself forward for this position please let us know.

The Election General Meeting on the 18th November 2016 is our final general meeting for the year. After the special Christmas morning tea we will have items from a few groups and the displays from groups will be on show. It is always a lovely morning from 10.am until 12.00 noon and we look forward to having lots of group participation.

Meanwhile, I look forward to seeing you at the next General Meeting in September.

Vivienne
President

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Group Coordinators' Report

New groups:

The **Feldenkrais** new group started on 5 August, with 8 people starting and several others committing over the next couple of weeks. Don Mc Millan has taken over the reins of his groups again.

Word Press and **Tai Chi** are going well.

The **Shakespeare Group** had their first meeting on Monday the 8th August. They are meeting twice monthly and would like more members to join their group.

Garden Ramblers 2 is officially set up now and will meet on the 2nd Tuesday of each month from 1.00 – 3.30 pm starting in September. Convener: Margaret Washer phone 544 2906.

There has been a request for a group to be formed for **Celiacs**. At this early stage, it is envisaged that such a group would offer support to members, enable the sharing of knowledge and experiences, and provide the opportunity to meet socially at venues providing for the dietary needs of Celiacs.

The formation of the **Bolivia** group has been put on hold as not all those on the waiting list were able to commit at this stage. More interest would be very welcome.

Camera Basics has a high level of interest as it is about to begin.

The one off session on **Adobe Lightroom** will be held at the end of August so check the website for a report.

If you hurry you can probably still join the **Spanish for Beginners Course**, which started on the 22 August.

The **Psychology** group needs an injection of new people in order to remain viable. If you are interested in finding out more about joining this group, contact the Convenor or the Co-ordinator.

Contact the Co-ordinators if you are interested in any of the above (refer p 12).

Waiting lists

We still need more members to start the Bolivia group.

Groups welcoming new members

Groups that would welcome additional members are Garden Ramblers 2, Shakespeare, Memoirs and Spanish for Beginners.

New Members' Meeting

A New Members' meeting was held on 27 July, with 37 members attending. We, the Co-ordinators, asked those who attended the New Members' Meeting for feedback and suggestions so that we ensure we are being effective in meeting their needs. Generally there was a great deal of appreciation for the format of the meeting, and no suggestions that were expressed more than once.

Kathleen Fraser is overseas for a holiday, and will return on Monday, 3rd October. While she is away Anne Withy will be handling enquiries and pass on those requests to our new co-ordinator, Christine Denne, phone 543 9483, that Anne thinks can be managed by Christine.

Snapshot from the August Meeting

Max Mason was the guest speaker at the August meeting He gave a fascinating talk about the 6 months he spent walking the Appalachian Trail in the eastern United States. The trail extends from Springer Mountain in Georgia in the south and Mount Katahdin in Maine in the north. His presentation included photographs of some of the hazards along the trail such as exposed tree roots, boulders, steep terrain, etc and of some of the wild life he encountered, such as bears, snakes and chipmunks. In the mornings when he enjoyed just being in nature, but when the afternoons, he used a variety of coping mechanisms, such as listening to talking books and saying affirmations.



He spent walking the Appalachian United States. The trail Mountain in Georgia in the Katahdin in Maine in the included photographs of some trail such exposed tree roots, etc and of some of the wild life bears, snakes and chipmunks. Max was fresh from sleep he the wild and communing with going got tough in the

Member Profile

Christine Denne



Christine recently started as a new U3A Group Coordinator providing assistance to the other Group Coordinators. She and her husband John live in the Althorp Village following their move from Hamilton, where she was a Legal Executive prior to retiring.

Joke: Q: Is Google a male or female?

A: Female, because it doesn't let you finish a sentence before making a suggestion!

Group News

Genealogy Beginners Group 1



L to R: Jill Hodgson, Lennie Davey, Alison Leonard and Elaine Hollins.

Genealogy is a study of family lineage history. The word Genealogy originates from Greek, meaning generation and knowledge. Elaine Hollins convenes and tutors the group “Genealogy for Beginners” and also “Genealogy 1”; and it was the beginners group we visited on Monday.

Elaine gives advice and help by making suggestions on how to get started with the family tree by researching world records, churches and libraries on the Internet. Members are encouraged to help one another and to relate stories about their ancestors, noting when people moved from Scotland, England and other places to New Zealand.

Genealogy for Beginners group meets on the 3rd Monday of the month at 9.45 am. Contact Elaine Hollins, phone 578 0999.

U3A Ukulele Entertainment Group

During the month of August, a number of members from the Ukulele group entertained at several Rest Homes in Tauranga. What fun we had!

The program lasted approximately one hour with a few in the group performing solos! Some of us had not entertained in public before so that was a challenge! We were very well received by them all. I don't know who enjoyed it the most! Them or us!

One member made up books which were residents and they along with us which had some of them up



some impressive song handed out amongst the were encouraged to sing they did with gusto! Even and dancing!

We were then rewarded with either a morning tea or an afternoon tea. Very nice and appreciated! Then we had some lovely chats with the residents.

Two of the Rest Homes have made further bookings for later in the year so I guess we will be hard at work practicing again but also looking forward to visiting them once more! Coordinator Christine Bellairs.

Travel Group

The Travel Group comprises approximately 30 members. They meet on the 4th Thursday of every month in The Lounge, Wesley Methodist Church, 13th Avenue. Members and visitors give informative talks on the various trips they have undertaken both in NZ and overseas, supported by photographs. Countries covered recently are - Canada, Vietnam and Cambodia, Pacific Islands, South America, Korea and Europe. For enquiries contact Annette McLachlan Phone 571 3188.

Café Book Lovers 1



L-R at the back: Pat Bonser, Marianne Lammers, Barbara Fitzgerald, Jan Ward, Kath Rose, Christine Allum, Eve Grimley. Front: Jan Holden

Members of this group love reading books. They meet every 4th Monday of the month in a café setting in the Mount/Papamoa area. Over lunch they review and discuss books they have read. Members can borrow books brought along to the meeting. The convenor of the group is Evelyn Grimley Ph 548 0999

Garden Ramblers Group

In July members of this group visited The Elms, where they strolled in the gardens among the large, beautiful old English and New Zealand trees and shrubs. They were also given a guided tour of the Station house and library (the first free-standing library in NZ). The informative talk of the the mission and have lived there establishment in 1838 by Archdeacon Alfred Brown. Many were surprised to learn that the NZ Heritage Trust consider the mission house to be the second most important building of its type in New Zealand. The first being the Treaty House at Waitangi. After the tour, members were treated to a very welcome cup of tea and cream scones. The waitresses were dressed in period costume and members entered into the spirit by donning attractive bonnets.



Web Development Group

The Web Development Group meets twice a month. This group has to balance content and presentation of the U3A Tauranga web site, quite a challenge. Formatting and maintaining an active web site involves members with design skill, coding skill, colour and layout artistry, plus proof reading. Please feel you can be part of this by advising us of any errors or updates required to any of the many groups.

The front page has been made less cluttered and we seek articles from your groups to make the site meaningful. When the content is available groups with vacancies will feature on the front page.

Members with interesting articles and/or images of interest to U3A members please contact the web group by e-mail; webmaster@u3atauranga.kiwi.nz.



Miscellaneous

The Almoner



Angela Dold is the U3A Almoner. If you become aware of a member who is ill or has had a recent bereavement, please let her know.
Phone: 571 6767

U3A Equipment

Sometimes members ask what happens with equipment owned by U3A. There are 4 aspects to this question:

- 1 **Maintaining a record of equipment.** We have over 50 items and the record includes who each item is allocated to and in respect of electronic equipment, information for warranty and theft identification purposes. Changes in allocation occur mainly at the start of each year when new committee members take over items provided to assist their administrative work. Ninette

Angelo has recently taken over keeping the record up-to-date, so please let her know of changes – she can be contacted at trivera@xtra.co.nz.

- 2 **Providing equipment to groups.** The contact persons for projection equipment are Warwick Kingston-Smith (578 4488) and Peter Simmons (576 0952), and for whiteboards and easels Kathleen Fraser (576 2175) and Marianne Lammers (021 804 403).
- 3 **Operating projection and sound at general meetings.** A small team of Ali Lawrence, Jan Dean, Jim Pryor, David Walpole and Peter Simmons provide this service, with another 4 persons waiting to learn. Having several people to call on ensures availability.
- 4 **Providing technical advice to the committee.** A subcommittee of Alan Freer, Don McMillan, John Hollenberg, Peter Benson and Peter Simmons advise on when to ‘retire’ old electronic equipment and purchase new stock, taking into account advances in technology.

For any questions or comments on the above, please contact Peter Simmons, Phone: 576 0952.

U3A Name Badge Survey

We are seeking members’ comments and feedback on our name badges.

- 1 Do you have the “printed” paper badge with clear plastic cover and are you happy with it?
 - a) How do you find the plastic clip/safety pin attachment?

Or
- 2 Do you have the “laminated” badge made by Barclay Engravers and are you happy with it?
 - a) How do you find the safety pin or magnet attachment?
- 3 Would you be willing to pay for your own “laminated name badge” costing \$12 to \$15 each if U3A could source and order such a badge for members?
- 4 Please advise us of any other comments or suggestions you may have.

Please send your replies to U3Atauranga@gmail.com

Or write to us at: U3A Tauranga, PO Box 14453, Tauranga 3143

***Joke:** Never criticize someone until you have walked a mile in their shoes. That way, when you criticize them, you’ll be a mile away, and you’ll have their shoes!*

Next Newsletter

Summer – November 2016

All contributions must be in before 29 October 2016.

Committee, Convenor and Group Reports should reach the editor before the deadline. If you have something you would like to share with U3A members, via a “Members’ Forum”, we ask for short contributions (which may be edited). Inclusion will depend on available space in each newsletter.

Editor: Kit Divehall - Ph 576 8100 newsletter@u3atauranga.kiwi.nz

Facts and Figures to Date

Membership as at 31 August 2016	807
Life Members	8
TOTAL	815
Number of Groups:	100

“Just book it”

Booking and Scheduling Improvement Initiative for the Tauranga District Health Board

John Powell informed members at the August meeting that he had represented U3A at a meeting about the initiative below. If U3A members are interested in providing feedback, please see the information below:

The aims of the project are as follows:

- Provide patients with clear expectations regarding follow up appointments and what to expect when they leave a ward or outpatients.
- Provide patients a single point of contact for appointment changes.

Please provide feedback on the following:

- What expectations do patients have regarding follow up appointments
- What appointment issues have been encountered when leaving hospital
- What is best method of contacting people for their appointments.
- How to improve customer service.
- How can we improve our appointment booking system

Please email any responses to: shirleywaid27@gmail.com

U3A Tauranga Inc

Notice of Election General Meeting – Friday 18th November 2016

You will recall that amendments to our Constitution were passed at a meeting in 2013 for a Special General Meeting (Election General Meeting) to be held in November of each calendar year.

This is held to elect our Officers for the following year, set the annual subscription payable by members by 31st March 2017, and print the names of the committee in the 2017 booklet.

Note that the Officers elected at this meeting will take office at the Annual General Meeting in February 2017 after the adoption of the 2016 accounts.

Notice is hereby given as follows:

An Election General Meeting of U3A Tauranga Inc. is to be held for the purposes of electing officers and setting the annual subscription for 2017.

Date and Time: Friday 18th November 2016 at 10.00 am

Venue: Wesley Methodist Church, 100 13th Avenue, Tauranga

The following Executive Committee Positions are open for nomination:

President
Vice President
Treasurer
Secretary
4 Group Co-ordinators
Data /Project Manager
Newsletter Editor
Membership Secretary
Meetings and Speakers Organiser
Committee Support (non-portfolio positions)

A copy of the nomination form is on the next page. This form must be received by the Secretary by the starting time of the Election General Meeting. In addition all positions will be open for nomination from the floor at the Election General Meeting.

U3A TAURANGA INC

NOMINATION OF OFFICERS FOR 2017

Written nominations on this form must be received by the Secretary before the starting time of the Election General Meeting on Friday 18th November 2016

**Please post to: The Secretary
U3A Tauranga Inc
PO Box 14453
Tauranga 3143**

I hereby nominate

.....

For the position of

.....

Signed..... Date / /
(Financial Member making the nomination)

Signed..... Date / /
(Financial member seconding this nomination)

I consent to this nomination.....Date / /
(Financial member)

Executive Committee Positions open to Nomination:

President
Vice president
Secretary
Treasurer
4 Group Co-ordinators
Data/Project Manager
Newsletter Editor
Membership Secretary
Meetings & Speakers Organiser
Committee Support (Non-portfolio positions)

Non committee positions:

Webmaster
Almoner
Archivist

2016 Committee

President:

Vivienne Mills - 574 3133

Vice President:

Jean Garmonsway - 579 1918

Immediate Past President:

Chris Hector - 548 2704

Treasurer:

Elizabeth Reeves - 562 2767

treasurer@u3atauranga.kiwi.nz

Secretary and general enquiries:

Diane Moulton - 027 268 4244

u3atauranga@gmail.com

Handbook / Group Co-ordinators**Groups A to C:**

Kathleen Fraser - 576 2175

a2c.groups@u3atauranga.kiwi.nz

Groups D to L:

Marianne Lammers - 021 804 403

m.lammers@actrix.co.nz

Groups M to Z:

Anne Withy - 579 0430

m2z.groups@u3atauranga.kiwi.nz

Membership Secretary:

Sheila Freer - 576 5243

Speakers Organiser:

Joan Gooch - 021 0223 2817

Newsletter Editor:

Kit Divehall - 576-8100

newsletter@u3atauranga.kiwi.nz

Data Manager:

John Powell - 575 4540

Photographer:

Alan Freer - 576 5243

Committee Support:

Raewyn McAlonan - 543 2974

Marlene McLaren - 570 6055

Rob Heath - 574 6468

Webmaster:

Brian Wood - 574 6323

webmaster@u3atauranga.kiwi.nz

Almoner:

Angela Dold - 571 6767

Archivist:

Margaret Douglas - 579 4429

Meet and Greet Teams

July - History Group



From L to R: Martin Dumbill, Lati Moodie, Ulie Hoppe, Pat Chainery

August – Travel Group



*Back row: Raewyn McAlonan, Annette McLachlan (Convenor)
Front row: Bev Taylor and Lesley Hollis*